

Hertfordshire County Cross-Country Championships
Cassiobury Park, Watford - 11 January 2009
Under 15 Girls - 4500m

Position	No	Time	Name	Surname	Club
1	249	18.38	I Thompson	I Thompson	St Albans AC
2	242	19.16	C Stewart	C Stewart	Shaftesbury BH
3	220	19.18	L Brown	L Brown	Dacorum & Tring
4	240	19.24	K Mimms	K Mimms	Shaftesbury BH
5	243	19.29	L Farrar	L Farrar	St Albans AC
6	239	19.30	A Mackenzie	A Mackenzie	Shaftesbury BH
7	219	19.35	B Armorgie	B Armorgie	Dacorum & Tring
8	215	19.42	K Barber	K Barber	Barnet & District
9	251	19.54	H Dewhurst	H Dewhurst	Stevenage & N Herts
10	254	19.56	C Ward	C Ward	Stevenage & N Herts
11	231	19.57	E Bird	E Bird	Herts Phoenix
12	217	20.02	C Michael	C Michael	Barnet & District
13	234	20.04	E Lloyd	E Lloyd	Herts Phoenix
14	232	20.23	J Denham	J Denham	Herts Phoenix
15	248	20.32	M Steer	M Steer	St Albans AC
16	237	20.39	H Clifford	H Clifford	Shaftesbury BH
17	221	21.09	A Eykelbosch	A Eykelbosch	Dacorum & Tring
18	246	21.15	M Patel	M Patel	St Albans AC
19	260	21.18	N Wickings	N Wickings	Watford Harriers
20	227	21.22	S Olah	S Olah	Dacorum & Tring
21	226	21.24	S Morris	S Morris	Dacorum & Tring
22	253	21.28	S Pike	S Pike	Stevenage & N Herts
23	258	21.46	M Omar	M Omar	Watford Harriers
24	222	22.08	S Grover	S Grover	Dacorum & Tring
25	233	22.14	M Fuller	M Fuller	Herts Phoenix
26	250	22.46	C Baird	C Baird	Stevenage & N Herts
27	223	23.04	L Haggerty	L Haggerty	Dacorum & Tring
28	244	23..16	H Hull	H Hull	St Albans AC
29	235	23.35	S Procter	S Procter	Herts Phoenix
30	236	23.43	M Veitch	M Veitch	Herts Phoenix
31	255	23.45	C Bentley	C Bentley	Watford Harriers
32	241	25.22	A Sanderson	A Sanderson	Shaftesbury BH

Teams

1	Shaftesbury BH	2,4,6	12
2	St Albans AC	1,5,15	21
3	Dacorum & Tring 'A'	3,7,17	27
4	Herts Phoenix 'A'	11,13,14	38
5	Stevenage & NH	9,10,22	41
6	Dacorum & Tring 'B'	20,21,24	65
7	Herts Phoenix 'B'	25,29,30	84